



HOLLAND BROOK SCHOOL
Paul Nigro, *Principal*

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September, 2021

Dear Parents/Guardians:

This letter is to inform you that there will be several children at HBS this year who have anaphylaxis (extreme sensitivity) to peanuts and/or tree nuts. This health concern requires enlisting your support to make the classroom a safe and healthy place for all.

For the safety and well-being of our students we are instituting a few classroom guidelines. The biggest concern is peanuts and/or tree nuts. Even touching a small amount of a product containing nuts or accidental ingestion could result in a life-threatening situation requiring emergency medical treatment. To reduce the risk of exposure in the classroom, please remain conscientious and make every effort to avoid sending any products containing nuts including peanuts and tree nuts during snack time, as they are usually eaten in the classroom. Some examples of common tree nuts include almond, Brazil nut, cashew, chestnut, filbert, hazelnut, macadamia nut, pecan, pine nut (pignoli), pistachio, and walnut.

Please read ingredient labels carefully to ensure that the snack you send with your child to school is peanut and tree nut-free, which may include on the label if snack may have been distributed in a facility with nut products. If your child ate foods containing nuts before school, please have your child wash his/her hands with soap and water before leaving for school.

Since lunch is eaten in the cafeteria, your child may bring peanut/tree nut products for lunch. There will be a section of the cafeteria designated where no peanut/tree nuts are allowed to be consumed. This plan will help to maintain safety in the lunchroom while allowing classmates without allergies to enjoy peanut/tree nut products in a controlled environment. Please also remind your child not to share any food, eating utensils, or food containers with other students.

We believe all families understand a parent/guardian's concern about safety and will join us in ensuring that the environment is safe for all students. If you have any questions, please contact the Holland Brook School Health Office at (908) 823-0454 ext. 2739. If you are planning an activity for the classroom, please speak with the classroom teacher regarding appropriate snack choices.

We appreciate your support.

Paul Nigro, Principal

Nancy Kelly, Nurse